

How Can One Therapy Do So Much? A Must-Read Book About Hyperbaric Oxygen

By Ginger Neubauer — Part 1 of 2

Last month I told you about an amazing new book by Paul G. Harch, M.D. and Virginia McCullough: *The Oxygen Revolution—Hyperbaric Oxygen Therapy: A Groundbreaking Treatment for Stroke, Alzheimer's, Parkinson's, Brain Injuries, Arthritis, Diabetes, Autism, Cerebral Palsy, Heart Disease, Birth Injuries, Learning Disabilities, Multiple Sclerosis, Dementia, Lou Gehrig's Disease, Chronic Fatigue Syndrome, Asthma, Lyme Disease, AIDS, Alcohol Abuse, Carbon Monoxide Poisoning, Vision Loss, and More* (published

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by Hatherleigh Press). It is quite a feat that the authors were able to explain in a simple, concise and enjoyable manner the results of decades of studies and clinical practice in a still small but vital area of medical research. With the advent of this new book, geared to the general public, the field is sure to expand rapidly, as patients will now know more than most doctors about this remarkable treatment.

It still seems baffling that one simple, non-invasive, non-pharmaceutical therapy can help in so many areas of healing. Mainstream medicine in the U.S. has finally accepted that hyperbaric oxygen therapy (HBOT) can be life or limb saving for not only carbon monoxide poisoning and dive accidents, but also victims of non-healing wounds such as diabetic ulcers and gangrene. But, you ask, what about all the other claims by Harch and McCullough?

Here's what they have to say: "Admittedly, it is difficult for some to take seriously any claim that a treatment can effectively treat both skin wounds and brain injuries. But in a way, that's a bit like doubting that water, a compound of two elements, oxygen and hydrogen, can be used to generate electricity, float ocean liners, or be an essential part of sustaining the life of every cell in the body. No human being questions our need for water or oxygen to maintain life. But for many inside the medical field, it's been a huge leap to take knowledge about the use of therapeutic oxygen gleaned from one field—diving medicine—and apply it across the range of conditions and disease to which humans

and other animals are vulnerable. In a sense, this is where the "revolution" comes to fruition. It's as much a revolution of understanding as it is of treatment."

It is important to understand that oxygen deprivation occurs on a cellular and tissue level and is a component of many, many disease states in every part of the body, especially in the brain. A brief explanation is given in Chapter 1 "Why You Should Be Aware of Hyperbaric Oxygen Therapy." "In the most basic terms, HBOT uses oxygen therapeutically for many conditions in which tissues have been damaged by varying degrees of oxygen deprivation. This sounds simple enough, but of course, harnessing the power of oxygen is a more complex proposition. The definition of hyperbaric oxygen therapy is *the use of oxygen under pressure as a drug*.

When oxygen is under pressure, it acts like a drug and has drug-like effects on the DNA and other components of each cell, bringing about permanent changes in the cell and surrounding tissue. Over the decades of experimentation with HBOT, we've discovered that its "secret of success" is its cumulative effect, meaning that after 25 to 35 treatments, the body's tissues have been *permanently* changed.

Next month I will continue to share more information from this book. I must say if you know someone (maybe you) who would benefit from HBOT, then you must read this book, even if just for the amazing success stories Harch and McCullough relate. Get it at amazon.com, Barnes & Noble or Hatherleigh Press.

Dr. Neubauer's family and staff will be continuing his remarkable work in innovative HBOT techniques. His legacy lives on and his clinic remains open and very busy.

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